

BabyManager™



Mother: Carole Hayes (Model, Writer)
Father: Clint Hayes (Photographer, Writer)
Baby: Christina
Born: May 15, 2007

Location: Allen, Texas
Blog: <http://www.aliastex.com/>

www.babblesoft.com
www.babymanager.com
www.babblesoft.com/blog

Situation

Carole and Clint have 3 children at home; 2 (ages 5 and 6) are from Carole's previous marriage. Their youngest (Clint's first) is now 4 weeks old. Carole has to keep up with her food/drink intake to help her manage her milk supply. (She had low milk supply with her first 2 and wants to make sure that doesn't happen again.)

Clint and Carole both love technology and using technology to help manage their lives. (If it isn't in ACT!, it pretty much doesn't get done.)

"The lactation consultant had questions we couldn't answer about how much I'm eating and drinking, how much the baby is nursing, how many wet/dirty diapers she's having, etc. I'm so busy trying to keep up with *doing* all of those things that I just couldn't spare any mental energy for remembering them! We tried writing them down on scrap pieces of paper that kept getting misplaced. We thought about putting it all into an Excel spreadsheet, but that would have taken time which we didn't have. Plus when we were away from home we'd be right back to using scraps of paper!

Finally, it occurred to me that somebody might have already prepared a log sheet and posted it online, so I searched Google and happened upon a blog that mentioned Baby Manager; I really liked the idea of tracking everything online because I can access my account when I'm not at home, and I don't have to try to keep it all in my head anymore."

Solution

We started using Baby Manager the day I found it, when Christina was 3 weeks old. It has been extremely helpful! You wouldn't believe how often I run over to the computer to see how long it's been since she last ate, had a diaper change, or when I last pumped.

- We no longer have to hunt for something to write on and then remember where we put it; everything is in one place and organized.
- I'm less stressed about trying to remember soooo many things – because now I don't have to remember them!
- Baby Manager is helping us figure out more quickly what might be making Christina cry: if it's been 3 hours since she ate, and her diaper is dry, it's a pretty good guess that she might be hungry. (Should be simple, but when I can't remember when she last ate, and it's been a busy afternoon, it sometimes doesn't occur to me that she might be hungry already!)
- Sometimes I forget which side she's nursed on recently; now, I can check my Summary page and see if I'm staying balanced or not.
- I no longer feel as if I'm spending ALL of my time nursing and/or pumping! (When I start to feel that way, I can look at Baby Manager and see that I actually DID have a couple of breaks today.
- I can keep track of my food/drink intake by using the Mom-Medicine page! Since I eat the same foods often, I can easily note when and what I eat which, according to my lactation consultant, can help us figure out if something I'm eating is upsetting her. Plus it helps me make sure that I'm eating and drinking enough to ensure a good milk supply.



Making the transition into parenthood a little easier™